

2025 Vision Guide



Let's create our 2025 vision

Welcome to your 2025 Vision Guide! This isn't about cutting out pictures and hoping for the best — it's about creating a living, breathing vision that you can engage with daily. You will look at what is is you want, the action you need to take and the foundations you'll need to bring that vision to life. You'll be growing into this vision and gathering evidence of your progress along the way. This is your year to create, take small steps, and keep moving forward with clarity and creativity.

Use this plan to visualise a project, quarter or your whole year. We will be doing this in 4 parts. Let's get started!



Hi, I'm Candida.

-  Vision
-  Action
-  Foundation
-  Share



I'm passionate about helping people move from overwhelm to clarity, confidence, and action, all while doing good and feeling good. With years of experience as an accredited coach and a background as a creative, I specialise in supporting empaths and creative thinkers to overcome self-doubt, navigate challenges, and bring their visions to life. Familiar with the struggle of feeling stuck or overwhelmed, I know what a difference it make to have a realistic and do-able plan to take you froward. I'm here to guide you in turning those moments of uncertainty into steps you can take, so you can create a life that's both fulfilling and purposeful.

Use this guide to build your vision with a strong foundation. Let's make this year one of your strongest. Print the template or use to build a digital board.

Re-igniting your spark with clarity, courage, and resilience



Step 1: Vision: What Does 2025 Look Like?

Act

Imagine your ideal year ahead. Dream big. Reflect on the feelings, experiences, and achievements you want to carry into the future.

Reflect

Ask yourself...

- What does your ideal day in 2025 feel like? What would you be doing, who would you be with?
- What would bring you joy?
- What are the top 3 experiences you want to create for yourself?
- How do you want to feel at the end of the year? What would make you proud of yourself?

Create

- Use this space on the board to add images, colours, and words that represent your answers and vision. Create this as if it is the present, so create that invoice, job offer, publishing deal, ideal video comment.
- Find photos and images that represent the aesthetic of the feelings and atmosphere you want to be in.

Step 2: Action: What Action Will You Take?

Act

Who do you need to be to create your vision? What action do you need to take? This what you want to visualise here. This will keep you accountable and encourage you to see your progress and vision taking shape. Actions want to be realistic and simple to maintain.

Reflect

Ask yourself...

- Which activities do you need to do to bring your vision to life?
- Which habits or routines can help to make that possible?
- How will you make space for these actions in your everyday life? e.g. write 300 words a day for my book)

Create

- Collect inspiring images or drawings of others or yourself doing the activities you need to make this a reality (e.g. someone journaling to build a journaling habit).
- The key is making your vision feel like a tangible, do-able part of your life.



As the year goes by, replace the initial images with images of you doing these activities (e.g. You journaling in the mornings). This signals to your mind through lived experience that you are the person you want to be in your vision

Step 1: Foundation: What Will Support You?

Act

These are the people, tools, mindsets, and resources that will **help you stay focused and motivated as you move forward.**

Reflect *Ask yourself...*

- Who or what can support you ? (e.g. friends, mentors, hobbies or tools you might need to stay on track.)
- What belief or mindset will keep you motivated when things feel overwhelming?
- When you face setbacks, how will you reset and keep moving forward?

Create

- Add images, quotes, or words that represent the support you'll need. This could be a picture of a supportive community, tools that reduce overwhelm, or words that remind you of your resilience.
- These images will serve as reminders of the strength behind your vision.


Step 4: Put it all together and share it


Act

Arrange your Vision and Action sections at the top of the board and your Foundations at the bottom. This layout **keeps the focus on your big dreams and the small, steady steps that will help bring them to life**, while maintaining the foundations you need to keep going.

Reflect *Ask yourself...*

- Look over your vision and the action section. **Identify 3 actions you will prioritise** to make this vision a reality, write these on post its or add them to your digital board.

 You've created your Vision Board — now it's time to bring it to life. Keep coming back to this board, and remember that each small action is evidence of the bigger journey you're creating.

Let's make 2025 a year of consistent progress, insight, and action. Keep your vision alive, review your foundations and  adjust where needed.

Let's work together to make 2025 your most creative, purposeful and shaped to your needs. Book a chat here and let's see how I can support you

[CLICK HERE](#) 



Vision

Action

2025

Foundations